

GOVERNMENT OF PAKISTAN
MINISTRY OF NATIONAL HEALTH SERVICES,
REGULATIONS AND COORDINATION

Islamabad, the 28th July, 2020.

NOTIFICATION

No. F.8-26/2020-DD(PS).— For the purposes of clause (xi) of sub-paragraph (1) of paragraph 2 of the Drug Pricing Policy, 2018, the Ministry of National Health Services, Regulations and Coordination is hereby pleased to notify the Model List of Essential Medicines, 2019 (21st edition) published by the World Health Organization.

The **core list** presents a list of minimum medicine needs for a basic health-care system, listing the most efficacious, safe and cost-effective medicines for priority conditions. Priority conditions are selected on the basis of current and estimated future public health relevance, and potential for safe and cost-effective treatment.

Where the **[c]** symbol is placed next to an individual medicine or strength of medicine on the core list it signifies that there is a specific indication for restricting its use to children.

The **complementary list** presents essential medicines for priority diseases, for which specialized diagnostic or monitoring facilities, and/or specialist medical care, and/or specialist training are needed. In case of doubt medicines may also be listed as complementary on the basis of consistent higher costs or less attractive cost-effectiveness in a variety of settings.

Where the **[c]** symbol is placed next to an individual medicine or strength of medicine on the complementary list it signifies that the medicine(s) require(s) specialist diagnostic or monitoring facilities, and/or specialist medical care, and/or specialist training for their use in children.

The **square box symbol**(□) is primarily intended to indicate similar clinical performance within a pharmacological class. The listed medicine should be the example of the class for which there is the best evidence for effectiveness and safety. In some cases, this may be the first medicine that is licensed for marketing; in other instances, subsequently licensed compounds may be safer or more effective. Where there is no difference in terms of efficacy and safety data, the listed medicine should be the one that is generally available at the lowest price, based on international drug price information sources. Not all square boxes are applicable to medicine selection for children.

Therapeutic equivalence is indicated only on the basis of reviews of efficacy and safety and when consistent with WHO clinical guidelines. National lists should not use a similar symbol and should be specific in their final selection, which would depend on local availability and price.

The **[a]** symbol indicates that there is an age or weight restriction on use of the medicine; details for each medicine can be found in Table 1.1.

The presence of an entry on the Essential Medicines List carries no assurance as to pharmaceutical quality. It is the responsibility of the relevant national or regional drug regulatory authority to ensure that each product is of appropriate pharmaceutical quality (including stability) and that, when relevant, different products are interchangeable.

For recommendations and advice on concerning all aspects of the quality assurance of medicines see the WHO Medicines website http://www.who.int/medicines/areas/quality_safety/quality_assurance/en/.

Medicines and dosage forms are listed in alphabetical order within each section and there is no implication of preference for one form over another. Standard treatment guidelines should be consulted for information on appropriate dosage forms.

The main terms used for dosage forms in the Essential Medicines List can be found in Table 1.2.

Definitions of many of these terms and pharmaceutical quality requirements applicable to the different categories are published in the current edition of *The International Pharmacopoeia* <http://www.who.int/medicines/publications/pharmacopoeia>.

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WHOModelListofEssentialMedicines

21stedition

1. ANAESTHETICS, PREOPERATIVE MEDICINES AND MEDICAL GASES(14 items)		
1.1 General anaesthetics and oxygen		
1.1.1 Inhalational medicines		
1.	Halothane	Inhalation.
2.	Isoflurane	Inhalation.
3.	Nitrous oxide	Inhalation.
4.	Oxygen	Inhalation (medical gas).
1.1.2 Injectable medicines		
5.	Ketamine	Injection: 50 mg (as hydrochloride)/ mL in 10- mL vial.
6.	propofol*	Injection: 10 mg/ mL; 20 mg/ mL. *Thiopental may be used as an alternative depending on local availability and cost.
1.2 Local anaesthetics		
7.	<input type="checkbox"/> bupivacaine	Injection: 0.25%; 0.5% (hydrochloride) in vial. Injection for spinal anaesthesia: 0.5% (hydrochloride) in 4- mL ampoule to be mixed with 7.5% glucose solution.
8.	<input type="checkbox"/> lidocaine	Injection: 1%; 2% (hydrochloride) in vial. Injection for spinal anaesthesia: 5% (hydrochloride) in 2- mL ampoule to be mixed with 7.5% glucose solution. Topical forms: 2% to 4% (hydrochloride).
9.	lidocaine + epinephrine (adrenaline)	Dental cartridge: 2% (hydrochloride) + epinephrine 1:80 000. Injection: 1%; 2% (hydrochloride or sulfate) + epinephrine 1:200 000 in vial.
Complementary List		
10.	<i>Ephedrine</i>	Injection: 30 mg (hydrochloride)/ mL in 1- mL ampoule. (For use in spinal anaesthesia during delivery, to prevent hypotension).
1.3 Preoperative medication and sedation for short-term procedures		
11.	Atropine	Injection: 1 mg (sulfate) in 1- mL ampoule.
12.	<input type="checkbox"/> midazolam	Injection: 1 mg/ mL. Oral liquid: 2 mg/ mL [c]. Tablet: 7.5 mg; 15 mg.
13.	Morphine	Injection: 10 mg (sulfate or hydrochloride) in 1- mL ampoule.